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Improve Productivity & Reduce Injuries by 50% to 94%
An Integrated Systematic Approach
100% Success x15 Years

“Keeping People Healthy and Performing Their Best”

BPS Typical Results

La Quinta Resort & Club & PGA WEST
Highest Work Comp Costs Of 90 Hiltons.
After 1 Year With BPS, In The Top 3!
Saved $1 Million the first year
Improved Each Of Last 5 Years-Savings, severity, Freq., MD, LTD

Rancho Las Palmas
Saved $1 Million The First Year……..Sustained For Years

Omni La Costa Resort
❖ Work Comp Costs Reduced From $2.4 Million To $196,000 in one year. Sustained 5 years…so far!

Omni Los Angeles
Reduced from 800K to 35K in one year
Sustained for 4 years

“Keeping People Healthy and Performing Their Best”
What is Our Objective Today?

To Learn The Components Of A System That Will Train, Influence And Sustain Habits In Your Workforce That Will Improve Productivity & Reduce Pain & Injury With 100% Success!!

“Keeping people healthy and performing their best”

How Does The System Reduce Injuries?

1. **Take In Less Stress**
   With Safe & Efficient Technique For Every Task

2. **Get Rid Of Some Stress**
   Empower Workers To Do So By Their Efforts

3. **Influence Workers**
   To Embrace & Apply The Safe & Efficient Habits Daily-for Years

4. **Improve Positive Attitude**
   Towards Work, Each Other & The Hotel

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Self Treatment & Prevention Neck Pain

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Spine
Power Curves vs. Slumped Or Flexed

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Bend, Reach, Stand & Lean With A Technique That Minimizes Stress

Place One Foot Close To Where The Load Is Placed...... The Forward Leg Does Most Of The Lifting Instead Of The Back

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After Experiencing Personal Benefits They Will Embrace Conditioning

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Worker Training System

❖ Two Department Specific Worker Video Trainings Per Week. Each 2-5 Minutes Shown At A Group Meeting
❖ Best Way To Perform A Specific Task
❖ Self Treatment & Prevention Of A Discomfort

Supervisors: 24/7 Smart Phone Access Solve Challenges 1on1

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Worker Training System

❖ Complete Training For Every Department
❖ Every Task Is Addressed
❖ We Think We’ve Seen It All. If There Is A Task We Do Not Address, We Will Create The Solution And Provide It At No Additional Cost
❖ Every Worker & Supervisor Video Includes Downloadable Supportive Documents
❖ Transcript, Handouts, Posters

“Keeping people healthy and performing their best”
Ergonomic Improvements

“Keeping people healthy and performing their best”
Ergonomic Improvements

“Keeping People Healthy and Performing Their Best”
Technique Improvements

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Components of BPS
❖ Ergonomics Improvements
❖ Technique Training
❖ Stretching (Self Care) Programs
❖ Incentives, Reminders, Rewards
  ❖ Kudos
  ❖ Safety Raffle

Alone, Each Is Virtually Worthless
Benefits Are Minimal & Temporary

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100% Success Since 2004
Average 50-94% Injury Cost Reduction
❖ When Those Elements Are Combined Into An
  Integrated Systematic Program
❖ Easy To Implement And Non Time Demanding
  To Maintain
❖ Improves Productivity, Morale, Turnover, Quality
  Of Guest Services
❖ Fulfills The Needs Of Workers, Supervisors,
  Human Resources & Management
❖ And Communicate To All Parties
❖ Systematically Stays Top Of Mind

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Most Training Is A Waste Of Time

New Skills Are Worthless If Workers Do Not Apply Them!
People Are “Addicted” to their Habits
People Are Willing To Change Their Habits

1. If They Experience The Technique Making Work Easier Or They Feel Better
2. If They Think It Is Their Idea
3. If They Are Reminded to Apply It Consistently In Multiple Ways

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To Consistently Get Workers To Want To Apply The “BEST” Behavior They Must Have Positive Attitude

❖ #1factor…… Positive Communication Between Supervisors & Workers
❖ Why Do Most People Leave Their Job?
❖ It Is How They Perceive Supervisors Treat Them
❖ Supervisors Are Rarely Trained In “Leadership Skills”

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Supervisor Training System
❖ One 5-15 Minute Leadership Video Per Week
❖ Influence & Motivate Worker Behavior
❖ Positive Communication
❖ Non Confrontational Conflict Resolution
❖ Supervisor Skill Of “Trust”
❖ Motivational Leadership
❖ Situational Leadership
❖ Coaching For Work Performance
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95% Of What Must Be Done To Maintain & Constantly Improve Benefits

1. **Kudos** Reward Cards For Being Caught Using Good Work Habits
2. **Safety Raffle** Prizes Workers And Their Families Benefit From. Must Earn Kudos To Participate
3. **Pre Shift Group Video Training** 2 X Week Reminder Of A Piece Of The Training
4. **1 On 1 Video Training** On Supervisor Smartphone To Solve A Worker Challenge
5. **Apply Leadership Skills**

“Keeping People Healthy and Performing Their Best”
For Properties With Extremely Poor Morale Or High Injuries, An Option With Initial Training Done By The Best Performance Staff Available

HFTP Discount
$250 Per Department Discount Until December 1 2019

“Keeping People Healthy and Performing Their Best”

Contact us if interested in Discussing Implementation

$3000 Each For One Or Two Departments
$7000 For 3 Depts
$13,000 For 6 Depts

$2333 Per Department
$2166 Per Department

Or...Monthly Subscription

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